

What's Cooking?

October 2021

Language Learning through Culture and Cooking (LLCC)

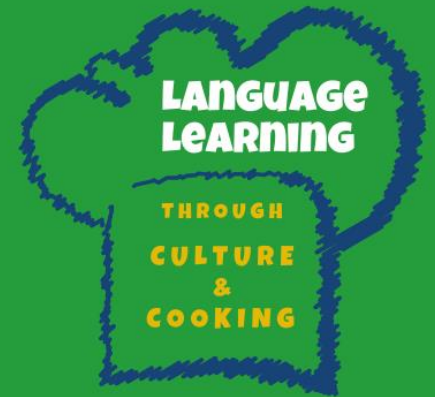
A multi-national educational project!

Language learning through Culture & cooking is a 2-year project funded through the Erasmus+ KA2 Adult Strategic Partnership Programme led by organizations in the UK, Lithuania, Greece, Spain, Romania & Austria. The partners' main aim was to share their knowledge and expertise to create innovative training products which combine the topics of language learning, cookery & intercultural dialogue. The target group of the learners included adults learning providers, migrants & community development agencies.

The importance of language learning:

- Speaking other languages helps people from different cultures understand each other
- Migrants could integrate more easily to the host country
- "Everyone has the right to inclusive education, training & lifelong learning to acquire skills that allow them full participation in the labour market" (European Pillar of Social Rights)

"The words of your new language
will taste better if you spice them up
with a splash of culture"
(*The language club*)



Outcomes

- ✓ New training materials for intercultural awareness/ cookery through language learning
- ✓ Development of a handbook for the training courses with title "Delivery techniques, sharing best practice, lesson plans"
- ✓ Pilot training course (with evaluation survey with feedback ideas on how the course could be improved)
- ✓ Development & publication of the "Technique Handbook on Healthy Eating Using Traditional Local Food & Raising Cultural Awareness"
- ✓ Creation of an Online resource Toolbox of Lessons, Materials, Guidance & Handbooks

What's Cooking on the Internet?

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Language Learning through Culture and Cooking (LLCC)

A multi-national educational online platform!

In the summer 2021 we were able to conduct the pilot training to test the platform. The platform consists of 4 modules available in five different languages (English, German, Greek, Spanish & Romanian). Each module includes excerpts for reading, quizzes, interactive activities, videos, and mind maps! Most of the trainings held online, however, some partners facilitated face-to-face trainings at their facilities always complying with the health standards. All in all, the training left a positive feeling in the participants, and we could not be more than happy! Good practices were exchanged during the sessions & the participants had the opportunity to gain knowledge for other countries' culinary specialties.

Now that the project is over, we cite here some of the participants' sayings about their experience during the pilot training:

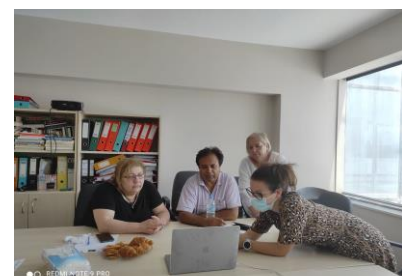
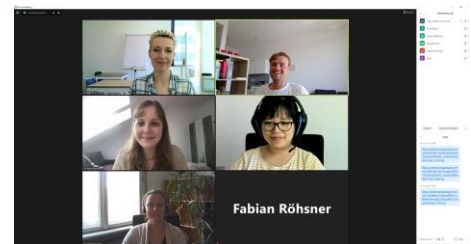
"Participants were very active and interested in the topics presented."

"All participants gave several examples about their professional experiences so they could all learn from each other."

"Participants exchanged ideas on the instruction of an online course"

"They showed great engagement to the proposed activities"

Thanks to our [Healthy Eating Guide](#), recipes from across Europe could be used not just for teaching/learning purposes but also to improve a healthy eating lifestyle.



What is it all about?

The training in a nutshell:

- We conducted **pilot training courses** either online or face-to-face in the UK, Greece, Lithuania, Romania, Spain & Austria
- We tested our new **training materials & platform** for intercultural awareness & language learning through culture and cooking.
- We updated and shared the platform with many experts & volunteers around the six countries.

What's next?

All this material that we developed through the last two years is quite suitable for the rest of the courses and the training we hold as organizations. It is material for training purposes of inestimable value.

Thus, all partners countries suggested continuing making use of the platform and the training material in the future for delivering language teaching.

Project Consortium



Find us on:



: [Language Learning Through Culture and Cooking](#)

our official platform for online courses: <https://learninglibrary.eu/login/index.php>

our official website: <http://languagecookingculture.eu/>



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